100 Yard Dash (Album Version)

Raphael Saadiq

I tried to run but couldn't get too far My heart is bumpin' but still runnin' in place No matter how hard I try to get your touch When you're away to love a girls is too much

But every time I run I oh so badBut I'm running as still my heart's beatin' so fast

I heard that you could make a man change his plan

That's why I'm running fast, I'm running to honey your (dash)I run for the heels, girl that you wore

How you appeal you see I never know

I told her folks (her love a double face)

Delight me a smoke so I can sing some jazzNow here come in late, here come those eyes

And me the one I can never deny

I try to ?, move as I can

But I guess I need another plan

I need you lovin' baby, oh so badGirl I'm runnin' as (still') my heart's beatin' so fast

I heard that you could make a man change his plan

That's why I'm running fast, I'm running to honey your (dash)Your love gets stronger

And it feels like everyday it's getting longer

I feel your love like a monkey on my back

Girl your honey's so big see I can feel the attackOh oh

I need some lovin'

I, I want your lovin'

I can have your lovin'

I need to, got to, got to have your lovin'

Songwriters

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