This Is

Grace Jones

This is my voice
My weapon of choiceThis is life
This is lifeThis is plate

This is a cup

This is a story I didn't make up

This is a girl lost in the woods

Some kind of wagon from some other 'hoodThis is a voice

These are the hands

This is technology

Mixed with the bandAre you going into the light

Are you free of fear today

When you lie down to sleep do you kind of float away This is life

This is lifeMost of my crimes are of optimism

40 thousand volts of recognition

They tried to strip me of dignity

But I still have tenacityThese are the words I didn't invent

Only an attempt to say what I meantThis is the paper

This is the pen

This is my weapon

A means to an endAre you going into the desert

You're out of control of your fate

There are no warriors without a war

So get ahead before it's too lateThis is life (ya'll)Lay down your spear

Let go your fear

Far becomes nearOh Lord

This is life (hey!) This is the tree

The Buddha slept under

These are the clouds

This is our thunderThis is what makes me look up and wonder

Into the eye of the wind

Through the rain

On to the plainThis is what I'm focused on

This is my head on straight

This is the harness

This is the bait

This is me

I'm flying againThis is a lawyer

Professional liar

There, Taking

Igniting the fireThis is the key

This is the door

Imagine the view from the basement floor(Hey!)

Now you're going into the desert

You're out of control of your fate

Are you a slave in a chain of command

Serving up another man's headThis is lifeLay down your spear

Let go your fear

Far becomes near

Look outThis is lifeAre you going into the light

Are you freeing your fear today

When you lie down to sleep

Do you kind of float awayThis is depression

It comes when you're blocking

This is expression

It comes when your rocking This is life This is (ha! Ha! Ha! Ha!)

This is (ha! Ha! Ha! Ha!) When you lie down to sleep

Do you kind of float away

(This is a plate, this is a cup, this is a story, this is a story I didn't make up) When you lie down to sleep

Do you kind of float away

(This is a plate, this is a cup, this is a story I didn't make up) This is the world still healing

This is man that's feeling

This is the world still turning

This is the rage still burning

This is the man not learning

This is life

Songwriters

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