

# Boat Paddle

## Iwrestledabearonce

I felt the ocean breaking over my head  
I'm spinning  
A constant pressure I can't fight  
I might not make it through the night  
the night  
the night  
the nightI was raised in a state; so much at stake, a slab of meat deteriorating  
Muscles are weak, no bone in my back, ligaments slack  
Sensations, my insides cave as they rot  
Infested in waves, take hold of my marrow and wash it away  
No bone in my back, ligaments slack, sensations, my insides cave as they rotI'm treading water, dreading  
the end won't numb my feeling  
I'm calling out to you, I'm begging you for help  
Because I've been given all the answers and I can't  
even help myself  
Yes, I've been given all the answers and I can't  
even help myselfI held a glass out in my hands  
I made a fist, a consequence  
My fingertips are filled with shards  
My open palm is filled with blood  
A single drop will conjure up unspeakable creatures preserved in the salt  
Worse than darkest pools in my mind  
They float, suspended  
There is no time, no timeI'm treading water, dreading  
the end won't numb my feeling  
I'm calling out to you, I'm begging you for help  
Because I've been given all the answers but I can't  
even help myself  
Yes, I've been given all the answers and I can't  
even help myselfI curse the god who brought a vision as I cry for help  
an island passing and I'm reaching out for help  
because I've been given all the answers but I can't  
even help myself  
Yes, I've been given all the answers and I can't  
even help myself

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