

# Sleep

## Ayurveda

When I woke up this morning  
you were so far away from me  
And I knew it was a warning  
of an empty space in between  
Feeling free when I'm with you  
But knowing I'm not far away from home  
Now what am I supposed to do,  
when the answers all come out wrong  
And I need something to help me sleep  
When I know you're not good for me  
And I need something I can keep  
From the empty space in between  
From the empty space in between

You treated me like a goddess  
When we were around everyone else  
How come you couldn't notice me  
When I was standing by myself  
And I need something to help me sleep  
When I know you're not good for me  
And I need something I can keep  
From the empty space in between  
From the empty space in between

Something to help me, Something to help me, Something to help me to sleep  
Something to help me, Something to help me, Something to help me to sleep

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