

# ...and Suffer As One

## Crowbar

Following your head might be a long, long road to nowhere  
Don't dwell on the past  
You've got to find the strength to lead youHear my words now  
Suffer with me  
Drown in despair  
Set yourself freeUnderneath your skin is there enough to keep you breathing?  
I drew my own blood another life through this transfusionBorn again in time you're not alone in what you're  
feeling

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