

I Just Can't Help Myself

The Simpsons

I just can't help myself, I just can't help myself
I just can't help myself, I just can't help myself
I just can't help myself There I go, here I go, where I go, I don't know
I just can't help myself, so
Why do I do, what I do, when I do
Well, I can say so or I just don't know Boys will be boys and what they usually say
That's the how and the why, that I act this way
That's the end of the line, I run out of rhyme
That ain't no crime so it's milk it out time Let's see, I know it's some cosmic force
Causing my mind, you go,
Just wait out of course to another dimension
Not only of site and sound but of being a clown Or an alley cat, or a dirty rat or a loud mouth brat
Well, I am all that, so if you ask me, why
I'm always in such a mess
Well, ha, I just can't help myself Can't help me, I just can't help myself
Can't help me, I just can't help myself
Can't help me, I just can't help myself
Can't help me, I just can't help myself
I just can't help myself, I just can't help myself A very great lady, once said it right
A woman needs a man, like a fish needs a bike
There I go again sister know it all
No friends at all, 'cause I make them crawl I can help showing off, all that I know
The whats can do, well is the wheres I could go
I know, it's makes the family very uptight
I know, it isn't right, but I do it every night I'm probably don't belong here, I'm certainly were wrong here
Every night I have a dream, more like a nightmare
I see myself being born, Mum and dad are there
But it's not Marge and it's not Homer Switched in a cradle, no wonder I'm a goner
I feel like a book, that's on the wrong shelve
I know, I shouldn't think it, but
I just can't help myself Can't help me, I just can't help myself
Can't help me, I just can't help myself
Can't help me, I just can't help myself
Can't help me, I just can't help myself Just can't help myself, I just can't help myself
I just can't help myself, I just can't help myself
I just can't help myself, I just can't help myself
I just can't help myself, I just can't help myself Hey, you know, I kinda like this thing
It's sort of like music, but you don't have to sing
You got none of the work and all of the fun

Like a low cal donut or a fat free bun
By the way, that's reminds me, how about a snack
Just a small sandwich or a cold six-pack
A big pack of pork rinds that couldn't hurt
A cake for dessert will keep my mind alert
Oh, it takes a lot of energy to do this rap
I feel kinda sleepy, better take a nap
Not too long a nap, two hours, that's a winner
I wouldn't wanna sleep to a roast beef dinner
Roast beef with gravy and potatoes
Hot rolls and butter, lettuce and tomatoes
I know, I shouldn't eat it, I got to keep my health
What's the hey, I can't help me
Can't help me, I just can't help myself
Can't help me, I just can't help myself
Can't help me, I just can't help myself
Just can't help myself, I just can't help myself
I just can't help myself, I just can't help myself
I just can't help myself, I just can't help myself

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