

# Focus

## Abs

did they punish you  
did they say they would live without you  
did it tear you up inside  
did they free the ones you love  
did they rise above  
did you feel a certain something inside  
well I'm with ya now  
and I'm glad that you are here now  
and I wish that I could tell them what it's like  
well I'm with ya now  
and I'm glad that you are here now  
and after all these years  
you know you were right

and I can't  
focus- so well  
help me through it  
this time I am in hell  
did we learn anything  
when we were in school  
do you remember  
when nothing was nothing  
do you remember those days  
do you remember what it's like to like the outside  
do you remember those days  
well I can't

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