

# No Reason At All (Instrumental)

[Jonathan Reid Gealt](#)

I lay here in the dark yearning for something  
A tiny glance, a kind word to get my heart beating  
But you'd never know 'cause I never show how much you've  
Helped me to see the woman I'm longing to be Sometimes I just need to cry for no reason at all  
Sometimes I'm too tired to try for no reason at all  
Sometimes I just have to learn to let go for no reason at all I stand in the door as life passes by  
And feel like I'm stuck in-between  
The life that I want and what I can reach  
It's like I'm not heard and not seen  
There must be a way at the end of the day  
That I can help make you see  
The woman I long to set free 'Cause sometimes I just need to cry for no reason at all  
Sometimes I'm too tired to try for no reason at all  
Sometimes I just have to learn to let go for no reason at all I can see the things that I need to change in me  
And that's a start, a place I'd rather be  
And when the time comes, will I have the strength  
To pull myself up and see that Sometimes I just need to cry for no reason at all  
Sometimes I'm too tired to try for no reason at all  
Sometimes I just have to learn to let go  
For no reason  
For no reason  
For no reason at all

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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