

# Helpless

## John Nolan

Who's that girl in the mirror, looking at me  
I swear I don't know how I got here, no, it's not clear  
    You knocked me down from the blindside  
I couldn't barely breathe, oh, so strong that it's scary  
    I know, I nary  
    Why do I feel so helpless, helpless  
Just like a baby, damn, boy, you make me helpless  
    You're getting close to me  
    I ain't supposed to be helpless  
    You're messing with my sanity  
I hate you for making me helpless  
    Fallin' free with my eyes closed  
    You're my amusement park  
When you're here time is moving slow, getting vertigo  
I lose my grip and I stumble, you catch me when I fall  
    Gave my trust, I don't usually, this is new to me  
    Why do I feel so helpless, helpless  
Just like a baby, damn, boy, you make me helpless  
    You're getting close to me  
    I ain't supposed to be helpless  
    You're messing with my sanity  
I hate you for making me helpless, helpless, helpless  
    I'm upside down 'cause you came in and  
    Knocked my feet off the ground and  
It feels like I'm going to drown in this feeling feeling  
    And our love is taking me over like magic  
    I don't understand but I need  
    If it's a dream I don't mind it  
    I don't wanna wake up  
    Why do I feels so helpless, helpless  
Just like a baby, damn, boy, you make me helpless, helpless  
    You're getting close to me  
    I ain't supposed to be helpless  
    You're messing with my sanity  
I hate you for making me helpless why do I fall so hard  
    Helpless, helpless, why do I feel so helpless