

# The Heart Of Life

[John Mayer](#)

I hate to see you cry  
Lying there in that position  
There's things you need to hear  
So turn off your tears and listen  
Pain throws your heart to the ground  
Love turns the whole thing around  
No, it won't all go the way it should  
But I know the heart of life is good  
You know it's nothing new  
Bad news never had good timing  
But then the circle of your friends  
Will defend the silver lining  
Pain throws your heart to the ground  
Love turns the whole thing around  
No, it won't all go the way it should  
But I know the heart of life is good  
Pain throws your heart to the ground  
Love turns the whole thing around  
Fear is a friend who's misunderstood  
But I know the heart of life is good  
I know it's good

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