It Stops Today

[Colbie Caillat](#)

No, no, I, I, I, I, I don't wanna break when I speak
I don't wanna shake while I'm standing
I don't wanna crawl into another hole
I don't know what I'm hiding for
No, I, I, I, I, I don't wanna fall when I stand
I don't wanna have to hold your hand
I just wanna be the girl I use to be
When I was me and worry free
I know these burdens are my own
But I can't keep on running
No, I just can't keep on running away from here
I know that the only way to beat it is to fight my every fear
I'm not gonna make it 'til I turn around and face it alone
I know that I can't keep on running
No, I just can't keep on running away so it stops today
So here I am, I'm taking my first step
Thought I was losing balance but I caught myself
I kinda like the challenge, no I don't need help
I'm gonna make it past the very start
It's always been the hardest part

But I, I, I, I, I'm gonna stay in control
I must admit this crutch is getting old
I am gonna throw it right out of my hand
I'm finally here, I understand
I know I'll get there on my own
So I can't keep on running
No, I just can't keep on running away from here
I know that the only way to beat it is to fight my every fear
I'm not gonna make it 'til I turn around and face it alone
I know that I can't keep on running
No, I just can't keep on running away so it stops today
You can hide from all the pain but it will find you anyway
Yes I know, now I know
That I can't keep on running
No, I just can't keep on running away from here
I know that the only way to beat it is to fight my every fear
I'm not gonna make it 'til I turn around and face it alone
I know that I can't keep on running

No, I just can't keep on running away so it stops today