

Write This Down

Down for the Count

Write this down, remember every word
You're not the things they told you way back then
You're so much more than ideas in your head
So bury them and keep them so they can return when you're alone
And so that you can fight them in the end
Boy you know I'm sick and tired of healing all your pain
It's time for you to know the truth and cast your cares away
Write this down, remember every word
You're not the things they told you way back then
You're so much more than ideas in your head
So bury them and keep them so they can return when you're alone
And so that you can fight them in the end, ooh
Boy you know I'm sick and tired of healing all your pain
It's time for you to know the truth and cast your cares away
And I'm so sorry
It took too long to let you know that it's alright and it's okay
'Cause they mean nothin' anyway
Well someone say that you're so alone
Well loneliness is all we get
So get used to it
Boy you know I'm sick and tired of healing all your pain
It's time for you to know the truth and cast your cares away
And I'm so sorry
It took too long to let you know that it's alright and it's okay
'Cause they mean nothin' anyway

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