## In And Out

## **Keith Sweat**

Telephone, two way, pager, cell phone, e-mail, fax, home mail gram

These are just some of the ways people communicate what's on their mind

But instead you got me guessing, stressing girl

You messing up my flow I might as well give this thing up

'Cause I just don't know which way to go

If you ain't trying' to be with me

Then why don't you just up and leave

But if you truly want to stay then

Just let me know, oh, oh yeah girlYou can't keep on running in and out

Out of my life, into my bed

Out of my heart and into my head

You can't keep on running in and out

Won't you say so?

We can work it outRoses, candy, diamonds, first class flights and five star vender

There were nothing you wanted girl that now I would not do for you

All I get is fuss and fighting, bitching, complaining yeah

If you ain't feelin' me no more, you know what you need to do

If you ain't tryin' to be with me

Then why don't you just let me be, yeah yeah

If you truly want to stay

Just let me know, yeah yeahYou can't keep on running in and out

Out of my life, into my bed

Out of my heart and into my head

You can't keep on running in and out

Won't you say so?

We can work it outListen girl, I'm just a man doing all I can

Girl, I understand sometimes it ain't easy

Everywhere I go, everybody know

Ladies at my show tryin' to get at me

But I'm down, yeah yeah, nothing I won't do

But you gotta choose either you're in or out girl

Make up your mind because you're wasting time

Do you want me girl, like I want you? You, you can't keep on running in and out

Out of my life, into my bed

Out of my heart and into my head

You can't keep on running in and out

Won't you say so?

We can work it outYou, you can't keep on running in and out

Out of my life, into my bed
Out of my heart and into my head
You, you can't keep on running in and out
Won't you say so?
We can work it outYou, you can't keep on running in and out
Out of my life, into my bed

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