

Upstairs

Ari Hest

I am dreaming, I'm screaming
But making no sound
I'm the nightmare from upstairs
And I'm coming down From silence to violence
In a single step
Try to leave or retrieve
What I can't forget I can see what I'll be
When I'm going on
I can't heal it, can't feel it
If I'm doing wrong It's burning, it's yearning
It's spinning around
Let it shout, tear it out, save me
From this unholy being I am dreaming, I'm screaming
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And I'm coming down From silence to violence
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From this unholy being

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