Changing All The Time

[Peter Frampton](#)

You're doing what you think is right
Yeah, like it's black and white
Then you're not so sure
'Cause everything's changing all the time
You're digging deep inside
In me you can always confide
You have to trust in yourself
'Cause everything's changing all the time
When in your darkest days
You are the light that shines the way
You gotta leave it all behind you

'Cause everything's changing all the time, yeah
Well, when you're put to the test
And you need some tenderness
Don't let yesterday haunt you
'Cause everything's changing all the time, yeah
'Cause everything's changing all the time
When things don't seem to go as planned
And your hopes seem out of reach
Don't let your fears surround you
You can't give up now and lose what's inside you