## Past Is Practice (feat. JJ Lawhorn)

## **Bubba Sparxxx**

i was talkin about the past the other night with my pops, he said son we all got regrets. All we can do is accept that its over, learn from it and move on. He said you got it all wrong, you gotta move on you cant keep swinging that saddle son you have to fight the urge to reminisce you can push rewind in your mind It aint nothin but a waste of time todays the day you get past this cause the past is practise Another long night down in Ga watchin my whole life replay under my eyelids everything i did still rides with me these days how could i let her love go how could i let my life get this out of hand, im talkin bout the man this is right here where i sit I was raised on deep southern values Life treats you just how you treat life You better think twice but if you blink twice it goes on without you (bye bye) im stuck here living in circles somehow gotta turn it to a straight line I know everything worth having takes time but if patience is a vurtue it aint mine I aint ever been concerned about tomorow but yesterday visits me nightly at the bottom of a glass just waitin on my ass to tell me what might be had i cut it out sooner or had i held on longer Then i heard a voice in my ear It said past is practice, it makes you stronger He said you got it all wrong, you gotta move on you cant keep swinging that saddle son you have to fight the urge to reminisce you can push rewind in your mind It aint nothin but a waste of time todays the day you get past this

cause the past is practise I see know, the blessings the lesson whats that saying?, whats that expression?

Yesterday is history, tomorows a mystery today is a gift, thats why its called the present I know that sounds so good when your saying it to somebody else But when its your turn and your heart hurts, it aint really a whole lotta help (nope) But its like my pops says, everybodys got regrets i guess Try as you might, cry and fight it that aint gonna change it so i stress But we can change tommorow with a well played today The lights are on and life goes on Until it dont, watya say JJ?He said you got it all wrong, you gotta move on you cant keep swinging that saddle son you have to fight the urge to reminisce you can push rewind in your mind It aint nothin but a waste of time todays the day you get past this

cause the past is practiseI mean the fact is, there is no finer way to waste time then to be caught up obsessin about the past. Its gone, its gone forever, move on, love todayHe said you got it all wrong, you gotta move on

you cant keep swinging that saddle son you have to fight the urge to reminisce you can push rewind in your mind It aint nothin but a waste of time todays the day you get past this cause the past is practise

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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