

# Crying for No Reason

Katy B

I push all my problems to the back of my mind  
Then they surface in my dreams, they come alive  
I sweep all my issues to somewhere I can't find  
In hope that I'll forget but there's just so many times Why can't I be strong and just confront all my fears?  
When my fear is hurting you by being sincere  
But how many more days can I run? How many years?  
Emotions flooding and now it's all seeming so clear Crying for no reason, feel the tears roll down  
I felt strong but am I breaking now?  
Crying for no reason 'cause I buried it deep  
I made promises I could not keep  
'Cause I never faced all the pain I caused  
Now the pain is hitting me full force I push all my problems to the back of my brain  
A darkness deep inside where I just can't find my way  
How can I walk with a smile? Get on with my day  
When I deceived myself pretending it's all okay I tried my best to hold it all together, I know  
The strings have worn away and now I'm all exposed  
I try to hide it all away on top of the shelf  
I can lie to everyone but not to myself Crying for no reason feel the tears roll down  
I felt strong but am I breaking down?  
Crying for no reason 'cause I buried it deep  
I made promises I could not keep  
'Cause I never faced all the pain I caused  
Now the pain is hitting me full force Forgive me now  
'Cause I said that I'll be there for you  
Care for you  
I let you down, I walked away  
'Cause there were things I couldn't say to you  
Say to you  
I'm breaking now I burned some bridges down  
There must be some way out  
The voices speak so loud  
Will you forgive me now? I burned some bridges down  
There must be some way out  
The voices speak so loud  
Will you forgive me now? Crying for no reason, feel the tears roll down  
I felt strong but am I breaking now?  
Crying for no reason 'cause I buried it deep  
I made promises I could not keep  
But I never faced all the pain I caused

Now the pain is hitting me full force

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