

# Lose Again

[Karla Bonoff](#)

Save me,  
Free me from my heart this time.  
The train gone  
Down the track and I've stayed behind. But nothing can free me  
from this ball and chain  
I've made up my mind  
I would leave today. But you're keepin'  
Me goin'  
I know it's insane  
Because I love you  
And lose again When the heart calls  
The mind obeys  
Oh it knows better than me, baby.  
If I hold on  
For one more day,  
Oh maybe, maybe he'll be true And nothing can free me  
From this ball and chain  
I've made up my mind  
I would leave today  
But you're keepin'  
Me goin'  
I know it's insane  
Because I love you and lose again.

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