

Ya Gotta Have Pep

John Lithgow

You gotta have pep
You gotta have poop and doop and larger mouths
Now let daises beat the counts
You gotta have pep You gotta have pep
You gotta have vitamins from A to Z
To give you speed and energy
You gotta have pep Milk and eggs will give you dancing legs
Fruits and greens, peas and beans
Eat them and that means
You gonna have pep You gonna step out
With all the speed you need
You'll find out that you'll succeed
You gotta have pep
Oh, yeah You gotta have pep
You gotta have lots of big birds, lots of win
50 laps around the gym
You gotta have pep You gotta have pep
You gotta have run and jump and catch and throw
Double your debt up and go
You gotta have pep Broccoli will give you energy
Spinach plus asparagus
Take a tip from me You gotta have pep
You gotta have healthy food and exercise
Live right and peppy, get a prize
You gotta have pep
You gotta have poop and doop, and larger mouths
Now let daises beat the counts
You gotta have pep You gotta have pep
You gotta have vitamins from A to Z
To give you speed and energy
You gotta have pep Milk and eggs will give you dancing legs
Fruits and greens, peas and beans
Eat them and that means You gonna have pep
You gonna step out
With all the speed you need
You'll find out that you'll succeed You gotta have, you gotta have
You gotta have pep

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