

# Ya Gotta Have Pep

[John Lithgow](#)

You gotta have pep  
You gotta have poop and doop and larger mouths  
Now let daises beat the counts  
You gotta have pep You gotta have pep  
You gotta have vitamins from A to Z  
To give you speed and energy  
You gotta have pep Milk and eggs will give you dancing legs  
Fruits and greens, peas and beans  
Eat them and that means  
You gonna have pep You gonna step out  
With all the speed you need  
You'll find out that you'll succeed  
You gotta have pep  
Oh, yeah You gotta have pep  
You gotta have lots of big birds, lots of win  
50 laps around the gym  
You gotta have pep You gotta have pep  
You gotta have run and jump and catch and throw  
Double your debt up and go  
You gotta have pep Broccoli will give you energy  
Spinach plus aspharagus  
Take a tip from me You gotta have pep  
You gotta have healthy food and exercise  
Live right and peppy, get a prize  
You gotta have pep  
You gotta have poop and doop, and larger mouths  
Now let daises beat the counts  
You gotta have pep You gotta have pep  
You gotta have vitamins from A to Z  
To give you speed and energy  
You gotta have pep Milk and eggs will give you dancing legs  
Fruits and greens, peas and beans  
Eat them and that means You gonna have pep  
You gonna step out  
With all the speed you need  
You'll find out that you'll succeed You gotta have, you gotta have  
You gotta have pep  
Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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