Hang On To Your Emotions

Lou Reed

When your imagination has too much to say
When the chill of the night meets the sweat of the day
And you have trouble understanding what other people have to say
You'd betterHang on to your emotion, hang on to your emotionWhen a demagogue inside your head has taken charge

And by default what you say or do is criticized
And this litany of failures is recited a thousand times
You'd betterHang on to your emotion, hang on to your emotionCould it be you've never felt like that

That your mind's a cage inside the cage of cat

That spits and scratches all it can get at And that's you and your emotionsCould it be you've never felt like that

Your mind's a cage inside the cage of rat

Rabidly trying to get at you

And your emotions, you and your emotionWhen your imagination has too much to say

When that facile voice inside your head says give your life away

You might think to ask how it got that way

What books it has read that make it that way

And where it got the right to speak to anyone that way

You'd betterHold on to your emotions, hold on to your emotionWhen a night city's breeze blows across the room

And a 5 A.M. moon and sun start their swoon

You hear your lover's breath

Not a moment too soon

You get toRelease all your emotions, you get to

Let go of your emotions and

Release all your emotions, you'd better

Let go of your emotions

Release, I wanna let go

I wanna release now

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