

# Metanoia

## King Missile

Bassinets, clarinets, proletarian chariots  
Polyunsaturated cinemaplexi-glass cathedrals  
Anxious daffodils falling off the window sill  
But better still a sleeping pill L-tryptophan's illegalSquirming, unlearning  
Swirling in a cloud of unknowing  
Silence, violence  
Swirling in a cloud of unknowingHella cool swimming pools, corporate tools, vestibules  
Herring bones, monotones, macro cosmic snow cones  
Stroking the ego, wrapping it up in swaddling clothes  
Anointing it with aluminum foilSquirming, unlearning  
Twirling in a cloud of unknowing  
Silence, violence  
Twirling in a cloud of unknowingAluminum siding salesmen  
Drowning in a sea of alliteration  
Relentlessly searching  
For non-existent clarityBig fat bluffin' anguished muffin  
Bad Brain H.R. Puffin' stuffin'  
Dirty socks, Ono box  
Goldi lox and cream cheeseDrunken boat billy goat  
Trapped in Annette Funnicello  
Full of fish and roses  
And the posiesSquirming, unlearning  
Pudding in a cloud of unknowing  
Silence, violence  
Pudding in a cloud of unknowingQuantum plumbing, the pineal gland  
The sixth chakra, the seventh seal  
Enveloping pelicans  
Pecking at the crumbs of enlightenment  
Retrograde planets plunging  
Into the arms of America

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