

I Bruise Easily

Natasha Bedingfield

My skin is like a map
Where my heart has been
And I can't hide the marks
But it's not a negative thing
So I lay down my guard
Drop my defences
Down by my clothes
I'm learning to fall
With no safety net
To cushion the blow
I bruise easily
So be gentle
When you handle me
There's a mark you leave
Like a love heart
Carved on a tree
I bruise easily
Can't scratch the surface
Without moving me
Underneath, I bruise easily
I bruise easily
I found your finger prints
On a glass of wine
Do you know your leaving them
All over this heart of mine too
If I never take
This leap of faith
I'll never know
So I'm learning to fall
With no safety net
To cushion the blow
I bruise easily
So be gentle
When you handle me
There's a mark you leave
Like a love heart
Carved on a tree
I bruise easily
Can't scratch the surface

Without moving me

Underneath, I bruise easily

I bruise easily

Anyone who

Can touch you

Can hurt you

Or heal you

Anyone who

Can reach you

Can love you

Or leave you

So be gentle

So be gentle

So be gentle

So be gentle

I bruise easily

So be gentle

When you handle me

There's a mark you leave

Like a love heart

Carved on a tree

I bruise easily

Can't scratch the surface

Without moving me

Underneath, I bruise easily

I bruise easily

I bruise easily

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