

Joy and Pain

Frankie Beverly and Maze

Remember when you first found love how you felt so good
Kind that last forever more so you thought it would
Suddenly the things you see got you hurt so bad
How come the things that make us happy make us sad
Well it seems to me that
Joy and pain are like sunshine and rain
Joy and pain are like sunshine and rain
Love can be bitter love can be sweet
Sometimes devotion and sometimes deceit
The ones that you care for give you so much pain
Oh but it's alright there both one in the same
Don't it seem we go through life going up and down
Seems the things that turn you on turn you around
Always hurting eachother if it ain't one thing its another

But when the world is down on you love's somewhere around
Well it seems to me that
Joy and pain are like sunshine and rain
Joy and pain are like sunshine and rain
Joy and pain are like sunshine and rain
Joy and pain are like sunshine and rain
Over and over you can be sure
There will be sorrow but you will endure
Where there's a flower there's the sun and the rain
Oh and it's wonderful there both one in the same
Joy and pain are like sunshine and rain
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