## **Release It**

## **Vickie Winans**

So much pain inside
hard to put behind
the things you been through
those things no one knew
you've tried and you've tried
to make up your mind
to be weak or be strong
to let go or hold on
but today is the day
to drop every weight
that's been holding you down
those things that keep you bound

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Lyrics submitted by omega hill.

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