## We Are The Reasons

## **We Came As Romans**

This is a poison everyone knows It runs through my rivers Created and cured by the same And it will flow Tear through these holds And rip away my heart With an effort so constrained This is the venom in my veins This is the venom in my veins Created and cured by the same This is the venom in my veins I've spoken reckless words And I know I've built a bed of unrest That destroys my heart once I lay my head down Destroys the crutches that I've built I thought they were sound We are the reasons for health and light For illness and weakness It will flow from my body to yours An infection that can't be cured We are the reasons for health and light For illness and weakness We will tear through these holds We will tear through these holds Or we will keep them strong We are the reasons for health and light For illness and weakness We will tear through these holds Or we will keep them strong We will keep them strong With an effort so constrained This is venom in my veins Created, cured by the same By the same I've chosen selfless over selfishness I've left a bed of disgust and unrest Destroyed the crutches that I built myself I found that they were never sound It won't consume my heart anymore

And I know I've built a bed of peace
That restores my heart once I lay my head down
Rebuilds the crutches that I destroyed myself
I plead to change my life, just before I dream
And wake to realize that change is inside me
We are the reasons for health and light
For illness and weakness
We will tear through these holds
We will tear through these holds
Or we will keep them strong
We are the reasons for health and light

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