

# Unstable

## Krizz Kaliko

And sometimes I don't, I don't feel good  
Not physically but mentally, mentally  
It's like I lose myself, like I'm not  
Krizz anymore like  
Unstable

It seems like I would've fixed it  
But I've been gone for way too long  
Put a band-aid on it to fix it  
But I'll be barely hangin' on  
If this is hell then I need help  
So dark, it's like I never see the sun  
It's like I'm dreamin' but feels so real  
And I can't be the only one

Unstable! Give me a reason  
'Cause I can't stop but thinkin' 'bout leavin'  
I'm so unstable! (unstable)  
And I need help 'cause  
I can't do it by myself

Unstable! Give me a reason  
'Cause I can't stop but thinkin' 'bout leavin'  
I'm so unstable!  
And I need God  
By myself is just too hard  
So unstable

Now I'm back on my coo-coo, medicine it's better than  
Feelin' like I'd rather be in heaven if it never end  
Even that is soon to a better room  
Wish I could go back up in the room if there was any room  
Unbirth me, this earth hurts me  
Said I'm berserk, not a single person heard me  
Up and down like workin' what I do when I'm worthy  
If life's a beast then can we at least go surfin'?  
My group was alone, under the umbrella soon, rains is the new soup  
Pain got me jumpin' through these hoops  
That's why I jump back in this booth  
So when I figure it out I get it out

When I get rid of it so I gotta let it out  
I'm still breathin' feelin' completely

Unstable! Give me a reason  
'Cause I can't stop but thinkin' 'bout leavin'  
I'm so unstable! (unstable)  
And I need help  
I can't do it by myself

Unstable! Give me a reason  
'Cause I can't stop but thinkin' 'bout leavin'  
I'm so unstable!  
And I need God  
'Cause by myself is just too hard  
So unstable

Make it up out of it, battle it, take a hit, gotta get  
Out of it before it gets malignant  
I'm digging my own grave and being my own slave  
I figure it's gon take a miracle one day  
To get it up off me, it's killin' me softly  
The feelin' is awfully like Jitterbug from coffee  
Again this disorder, got me thinkin' it's over  
Can we do this over [?]

Kali baby may be crazy  
Since the day that you was born  
But if he raised in 3 days maybe  
He can get me through this storm

Unstable! Give me a reason  
'Cause I can't stop but thinkin' 'bout leavin'  
I'm so unstable! (unstable)  
And I need help  
I can't do it by myself

Unstable! Give me a reason  
'Cause I can't stop but thinkin' 'bout leavin'  
I'm so unstable!  
And I need God  
'Cause by myself is just too hard  
So unstable, and I find myself lately reaching  
Out to God, 'cause well, unstable

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Lyrics submitted by Abigail Brown.

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