Breaking the Habit

LINKIN PARK

Memories consume like opening the wounds

I'm picking me apart again

You all assume

I'm safe here in my room

Unless I try to start again

I don't want to be the one the battles always choose

'cause inside I realize that I'm the one confusedI don't know what's worth fighting for

Or why I have to scream

I don't know why I instigate

And say what I don't mean

I don't know how I got this way

I know it's not alright

So I'm breaking the habit

I'm breaking the habit tonightClutching my cure

I tightly lock the door

I try to catch my breath again

I hurt much more than any time before

I have no options left again

I don't want to be the one the battles always choose

'cause inside I realize that I'm the one confusedI don't know what's worth fighting for

Or why I have to scream

I don't know why I instigate

And say what I don't mean

I don't know how I got this way

I'll never be alright

So I'm breaking the habit

I'm breaking the habit tonightI'll paint it on the walls

'cause I'm the one at fault

I'll never fight again

And this is how it endsI don't know what's worth fighting for

Or why I have to scream

But now I have some clarity to show you what I mean

I don't know how I got this way

I'll never be alright

So I'm breaking the habit

I'm breaking the habit

I'm breaking the habit tonight

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