

Don't Forget Yourself

Emerson Hart

So many things to say to you
I can't tell you what to do
There's risk in any life you'll make
Just give more than you takeJust don't forget yourself, dear
All you'll need is right here
Just be still, you'll know
You'll knowSo much will change and come undone
It's a season you can't outrun
Embrace the things you fear the most
And you'll beat them into ghostsAnd don't forget yourself, dear
All you'll need is right here
Just be still, you'll know
You'll knowTrust yourself and follow love
And there will always be enough
The good and bad will surely come
But if you're happy then you've wonJust don't forget yourself, dear
All you'll need is right here
Just be still, you'll know
You'll know, you'll know
You'll know

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