The Spiral Goes Down

Nasum

Push yourself to the limit of exertion
Push yourself to the limit of exertion
Push yourself to the limit of exertion
Push yourselfNo need to kick back
No time for ignorance
Motionless stupid fucks
Your discountenance is repulsivePush yourself to the limit of exertion
The spiral goes down and you will follow
Push yourself to the limit of exertion
The spiral goes down and you with itNo need to kick back
No time for ignorance
Motionless stupid fucks
Your discountenance is repulsive, yeah

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