

# Calm Me Down

## The Human Expression

I can't stay in one place  
I have to move around  
Well I've got to find somebody  
Just to calm me down

Hey  
Well I've got to find somebody  
Just to calm me down  
Well I get all tense and hung up  
Just hangin' around

Well I get so frustrated  
Well I can't sleep at night  
Later on I get so upset  
Well I'm just home all the time

You gotta calm me down  
Gotta calm me down, gotta calm me,  
Calm me, calm me, calm me down

I have to run and hide  
Just to be alone  
People knockin' on my door  
Callin' on the phone

Hey  
Well I've got to find somebody  
Just to calm me down  
Well I get all tense and hung up  
Just hangin' around

Well I get so frustrated  
Well I can't sleep at night  
Later on I get so upset  
Well I'm just home all the time

You gotta calm me down  
Gotta calm me down, gotta calm me,  
Calm me, calm me, calm me down

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