Four Walls

Staind

The thoughts from my mind
Command my lips, say, "I hate you"
The thoughts from my mind
Command my hands to cut your silken fleshThe thoughts from my mind
Command my feet to stomp your head
The thoughts from my mind have one question
When will this ever end?Not much to the life I live
Same four walls
I have nothing left to give
Please take it all away
Same four wallsThe thoughts from my mind
Feel the pain as rats claw at my flesh
The thoughts from my mind
Feels the joy as the needle hits my veinThe thoughts from my mind
Smells the stench as shit runs down my leg
The thoughts from my mind ask for sanity
Now for this I begNot much to the life I live
Same four walls
I have nothing left to give
Please take it all away
Same four wallsMy mind is like today, damp dark dreary
As the rain falls outside beating
Though it hits the ground
I can feel it slipping awayDying without decay
Dying like my soul
From the inside out
I can only prayIt won't be long
It won't be long now
It can't be long
It can't be long now, help me
(Where do I go from here?)The thoughts from my mind
Command my lips, say, "I hate you"
The thoughts from my mind
Command my hands to cut your silken fleshThe thoughts from my mind
Command my feet to stomp your head
The thoughts from my mind have one question
When will I be dead?Not much to the life I live
Same four walls
I have nothing left to give

Please take it all away
Same four walls

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