

You Release Me

[Polly](#)

Lay my head on your chest,
I feel your heartbeat and it
Tells me I'm not afraid.
You're stronger than I am
But with you I feel almost whole And I whisper words of truth
You hold all that I fear
And I'm shaking but I know if I just hold on... You release me,
You take my fears from me
You give me words when I can't speak
And life when I can't breathe
You release me Take my hand in your hand
Open my palm and pretend
That you don't see my pain,
You're braver than I am
But with you I feel almost beautiful And I whisper words of truth
You hold all that I fear
And I'm shaking but I know if I just hold on... You release me
You take my fears from me
You give me words when I can't speak
And life when I can't breathe
You release me

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