

Mind Body & Soul

Papoose

[Intro]put it on the line

lets go

yea, before you can help somebody

man you gotta help yourself

it's called self-preservation

got this shit down to a science man

check it out

[Chorus]mind body and soul

mind--he can control you mentally

body--he can tell you what to do physically

soul--only god control you spirutally

so you bust guns smoke weed drink hennessy

mirror mirror on the wall

take a look at him vividly

you lookin at your own worst enemy

put it on the line

[Verse 1]when you alone, everybody talk to theyself

sometimes its the only way to get across to yourself

you ever wanted to do somethin but thought to yourself

or didn't wanna do somethin but forcin yourself

you ever did somethin good and been glad for yourself

or did somethin fucked up so you mad at yourself

thought about somethin funny and laughed to yourself

or kept that to yourself

you ever met another person

who reminded you in the past of yourself

why y'all so much alike you askin yourself

y'all so much alike y'all clash cause it felt

like he was tryin to be you when he act like himself

really deep down inside you mad at yourself

pull the gun and blast at him you blast at yourself

ever knew somethin was true and then nodded to yourself

cause you can't take the truth stop lyin to yourself

[Chorus][Verse 2]its like the mind fight the heart

some niggas mind so sharp, they fight what they feel

and do the wise thing they so smart

but other niggas do whats in their heart

react off emotions they black out and get so dark

they hold it in and never talk
but get old and die of heart attacks
they get attacked by their own heart
some niggas get too conceited and fill theirself
try to be somethin they're not but reveal theirself
some niggas get insecure they grill theirself
put a gun to their own head and kill theirself
you ever found yourself lookin out for everybody else
so much that you don't look out for yourself
if you a stick up kid then 'red drug deal and blue'
a rapper with a mic salesman with a shoe
don't let nothin get in your way just do what you do
cause the only person that can stop you is you
[Chorus][Verse 3]thats why i say who am i
you say what a stupid question but who am i
think before you start talkin
you forgettin where you came from
remind yourself
life is like a dictionary
define yourself
are you a gangsta
well lets define that word
i'ma try but it takes action to describe that word
a gangsta takes care of family he's never afraid
death before disrespect a gangsta is brave
are you a thug
its like a gangsta but more gully
money before bitches and honor before money
you a baller
then you cop a house before a car
fortune before fasion play monopoly y'all
are you a rapper
then you must invent those songs
they dont gotta like you
but they gonna respect your boss
i named my son papoose
he reflectin me
but he way better than me
man controls his destiny
[Chorus]

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