Move Your Body

Beyonce Knowles

5...3...2011...Let's Move!![Swizz Beatz] Whoo!

Clap your hands now! (4X)

Jump! (8X)[Beyonc]

Mission One, let me see you run

Put your knees up in the sky 'cause we just begun

Hey! Hey!

Mission Two, this is how we do

Shuffle, shuffle to right, to the left, Let's Move!

Hey! Hey!

Mission Three, can you dougie with me?

Throw your own little swag on this Swizzy beat

Hey! Hey!

Mission Four, if you ready for more

Jump rope, jump rope, get your feet off the floor

Hey! Hey!I ain't worried, doing me tonight

A little sweat ain't never hurt nobody

Don't just stand there on the wall

Everybody, just move your body

Move your body (4X)

Everybody, won't you move your body? (2X)

Hey!Can you get me bodied? I wanna be myself tonight (2X)

Wanna move my body, I wanna let it out tonight

Wanna party, wanna dance

Wanna be myself tonight!

Hey! Mission Five, come here, let's go

Time to move your little hips, vmonos, vmonos

Hey! Hey!

Mission Six, bring it back real quick

Do the Running Man and then turn around like this

Hey! Hey!

Mission Seven, time to break it down

Step and touch to the dancehall sound

Hey! Hey!

Mission Eight, feel that heart beat race

Snap your fingers, tap your feet, just keep up with this pace

Hey! Hey!I ain't worried, doing me tonight

A little sweat ain't never hurt nobody

Don't just stand there on the wall

Everybody, just move your body Move your body (4X)

Everybody, won't you move your body? (2X)

Hey!Can you get me bodied? I wanna be myself tonight (2X)

Wanna move my body, I wanna let it out tonight

Wanna party, wanna dance

Wanna be myself tonight!

Hey!Fellas on the floor, all my ladies on the floor

Everybody get ready to Move Your Body!Baby all I want is to let it go

Ain't no worries, no

We can dance all night

Move your body

That means come closer to me

While we dance to the beat

Move Your Body...Now run to the left, to the left

Now run to the left, to the left

Now run to the right, to the right, to the right

Run back to the right, to the right

(Repeat)Now wave the American flag

Wave the American flag (3X)

Hey![Swizz Beatz]

Now cool off, cool offHEY!!!!!

Lyrics provided by https://damnlyrics.com/