

Letting Go

[Nitin Sawhney](#)

Now I often talk of my heart
How can I turn to the dark?
And the swaying silence, I see
Is nothing I can hold on to You can't breathe if I hold you tight
You cannot breathe if I hold you tight Don't be afraid of letting go
Don't be afraid of letting go Not of anything, out of anyone All alone here with my demons
Am I ready to move on?
To a person or place
A long away from here And I miss you and I lose you
And I find you, I choose to follow my heart Don't be afraid of letting go
Don't be afraid of letting go Not of anything, out of anyone
Out of anything, out of anyone Don't be afraid of letting go
Don't be afraid of letting go Don't be afraid of letting go
Don't be afraid of letting go
Don't be afraid of letting go Be afraid of, go

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