

# Trust Your Stomach

## Marching Band

I know that you can trust your stomach  
I know that  
It wants what's best for us  
I know what's best for us  
Your stomach and all of us Then you want to go back  
And then you want to stay sad  
And then you want to go back  
And then you want to go back  
And then you want to stay sad  
And then you want to go back And then you know what you had  
And then you know what you had  
And then you know what you had  
And then you know what you had  
And then you know what you had  
And then you want to go back Most people like you  
Well, they don't dislike you  
Do you know what she's looking for  
Most people like you  
Well, they don't dislike you  
You have seen all of this before I know that you can trust your stomach  
I know that  
It wants what's best for us  
I know what's best for us  
Your stomach and all of us I know you can trust your stomach  
I know that Then you want to go back  
And then you want to stay sad  
And then you want to go back  
And then you know what you had  
And then you know what you had  
And then you want to go back I know that you can trust your stomach  
I know that  
It wants what's best for us  
I know what's best for us  
Your stomach and all of us It wants what's best for us  
I know what's best for us  
Your stomach and all of us I know that you can trust your stomach  
I know that Say what you need  
Say what you need  
Say what you need

Say what you need  
(I know that)  
Say what you need  
Say what you need  
(Your stomach)  
Say what you need  
Say what you need

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