

Suck It Up

40 Below Summer

One more time to dig into my skin
You'll ignite, so I can burn again
Sick like that, you'd better walk away
Set to snap before I demonstrate
Played on this, you split me open
Preyed on this raw emotion
And force feed me until I'm bloated
To swallow these open throated
I can't feel this way, so ordinary
Wrapped in all this pain
Distorted everyday and I can't breathe
You've suffocated me and all my needs
And I can't scream again
Break me down, I'm breaking mentally
Break me down, I'm breaking everyday
Cover me, yes, I've had enough
Smother me, you better let me up
Eyes on this psycho explosion
Your silent wish for my erosion
Bent on determination
And mental evisceration
I can't feel this way, so ordinary
Wrapped in all this pain
Distorted everyday and I can't breathe
You've suffocated me and all my
Why can't you leave me alone
(No way)
Stripping me down to the bone
(Don't say)
Why can't you leave me alone
(No way)
Stripping me down to the bone
Force-fed and inbred and stunted
(Suck it up)
Y'all made me feel so unwanted
(Suck it up)
Get off my case fore I make you
(Suck it up)
Get out my face fore I break you
(Suck it up)
Stain, change, range
(Suck it up)
Maim, aim, blame
(Suck it up)
Vacate now
(Suck it up)
Take you out
I can't feel this way, so ordinary
Wrapped in all this pain
Distorted everyday and I can't breathe
You've suffocated me and all my needs

And I can't scream again Again, again

(Suck it up)

Again, again, again

(Lick it) Again, again, again

(Suck it up)

Again, again, again

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