Upstairs

[Young Buffalo](#)

I am dreaming, I'm screaming
But making no sound
I'm the nightmare from upstairs
And I'm coming downFrom silence to violence
In a single step
Try to leave or retrieve
What I can't forgetI can see what I'll be
When I'm going on
I can't heal it, can't feel it
If I'm doing wrongIt's burning, it's yearning
It's spinning around
Let it shout, tear it out, save me
From this unholy beingI am dreaming, I'm screaming
But making no sound
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From this unholy being

Lyrics provided by