

# Pray for Grace

Michael Franti

Why must I feel like this today  
I'm a soldier but afraid sometimes  
To face the things that may  
Block the sun from shinin' rays  
And fill my life with shades of grey  
But still I long to find a way  
So today I pray for grace I take a moment to myself  
So I can myself  
To feel myself  
And be real myself  
Life's addictions and afflictions  
'Cause abrasions from their friction  
Sometimes, it's easier to live in fiction  
I can run, but I can't hide  
From the pains that  
Reside deep down inside  
There is no pill  
That can be swallowed  
There is no guru  
That can be followed  
There's no escapin'  
From my own history  
Those that I hurt  
And those that hurt me  
I was dead for a million years  
'Fore I was born and  
I'll be dead for a million more  
After I'm gone  
So I live, to give somethin'  
That can live on  
Like the way you hum a song when the music's gone  
Like the warmth on the sand  
When the sun goes down  
And I'm sittin' with myself  
Nobody else is around but [Chorus:] Been a long, long time  
Since I been away  
Been a long, long time  
Since I felt this way  
Been a long, long time

I found the words to say  
How much I'm grateful  
For my life today  
'Cause under every cup  
You might find a nut  
Behind every corner  
You might get jacked up  
At the end of every rainbow  
You might find gold  
The last bite of your sandwich  
Hope you don't find mold  
'Cause none of us  
Can live the perfect life  
The kind that we see on nick at night  
And sometimes, we all  
Just lose sight  
Of the pain that will guide us  
From dark into the light  
We fall down yes, but we get up  
And sometimes we just need  
A little bit of love  
To help make it  
Through another day  
Into the night, into the light  
Into a Saturday  
So in the morning when I'm waitin'  
For the sun to raise  
And my head's a little foggy  
Like I'm in a haze  
I remind myself that  
Everything is gonna be okay  
I take a breath, slow down and say...

Songwriters

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