My Up and Down

Adina Howard

Turn the lights down baby

And come to me baby

Let me put something on your your (mmmmhhhm)

Cause I gotta let you know

What I want, Where I want, whenever I need it baby
now you betta be ready tonight cause its on Hayen't you

So you know you betta be ready tonight cause its onHaven't your heard about the upand down and round and round
You should've known by now about my merri-go-round.

Haven't your heard

about the upand down and round and round

You should've known by now about my merri-go-round. You said you were happy

With your wife and happy home

So what I don't understand,

is why your here with me tonight

'Cause if your girlfriend could do the

freaky thing I do to you(hmmm)

Then you do have the time to hang around

for my ups and downs

Deep in my heart

I know I can make you moan

Come on and lets get it on baby

and all in my mind

I gonna hold on tight

cause tonight is the night

we won't stop to we get it all right

hold on tight

tonight is the night

baby your in for the time of your lifeHaven't your heard about the upand down and round and round

You should've known by now about my merri-go-round.

Haven't your heard

about the upand down and round and round

You should've known by now about my merri-go-round.

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