## **Bang Your Head (Metal Health)**

## **Quiet Riot**

YeahWell, I'm an axegrinder, piledriver Mother says that I never, never mind her Got no brains, I'm insane

The teacher says that I'm one big painI'm like a laser, six-streamin' razor

I got a mouth like an alligator

I want it louder, more power

I'm gonna rock ya till it strikes the hourBang your head! Metal health'll drive you mad Bang your head! Metal health'll drive you madAlrightWell, I'm remonstrated, outdated

I really want to be over-rated

I'm a finder and I'm a keeper

I'm not a loser and I ain't no weeperI got the boys to make the noise

Won't ever let up

Hope it annoys you

Join the pack, fill the crack

Well, now you're here, there's no way backBang your head! Metal health'll drive you mad Bang your head! Metal health'll drive you madMetal health'll cure you, crazy

Metal health'll cure you, mad

Metal health is what we all need

It's what you have to haveBang your head, wake the dead

We're all metal mad, it's all you haveSo bang your head and raise the dead

Oh yeah, Metal health, it's not too bad, bad, bad, badBang your head! Metal health'll drive you mad Bang your head! Metal health'll drive you madOh, get your straight-jackets on tonight

Oh, the bad boys are gonna set you right

Oh, rock on, rock on!

Bang your head!

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