

# Lift up your hands

**Basil Valdez**

Life is not at all that bad my friend, mmm....

If you believe in yourself

If you believe there's someone

Who walks through life with you

You'll never be alone

Just learn to reach out

And open your heart

Lift up your hands to God

And He'll show you the way

And He said,

"Cast your burdens upon me,

Those who are heavily laden

Come to me all of you who are tired

Of carrying heavy loads

For the yoke I will give you is easy

And My burden is light

Come to Me and I will give you rest."

When you feel the world is tumbling down on you

And you have no one that you can hold on to

Just face the rising sun and you'll see hope

And there's no need to run

Lift up your hands to God

And He'll make you feel alright

And He said,

"Cast your burdens upon me,

Those who are heavily laden

Come to me all of you who are tired

Of carrying heavy loads

For the yoke I will give you is easy

And My burden is light

Come to Me and I will give you rest."

---

Lyrics submitted by Venice.

Lyrics provided by

<https://damlyrics.com/>