

# 100 Yard Dash

Raphael Saadiq

Yeah, I tried to run but couldn't get too far  
My heart is pumpin' but still runnin' in place  
No matter how hard I try to get your touch  
When you're away to love a girl is too much  
But every time I run I need you oh so bad  
But I'm running scared my heart's beatin' so fast  
I heard that you could make a man change his plan  
That's why I'm running fast, I'm running the 100 yard dash  
I ran for the hills, girl where you were  
How you appear you see I never know  
I told the bartender to pour me a double face  
Then light me a smoke so I can sing some jazz  
Now here come them legs, here come those eyes  
And me the one I can never deny  
I'm trying to be smooth as I can  
But I guess I need another plan  
I need your lovin' baby oh so bad  
But I'm running scared my heart's beatin' so fast  
I heard that you could make a man change his plan  
That's why I'm running fast, I'm running the 100 yard dash  
Your love gets stronger  
And it feels like everyday it's getting longer  
I feel your love like a monkey on my back  
Girl your honey's so big see I can feel the attack  
Oh, oh, I need some lovin'  
I, I want your lovin'  
I gotta have your lovin'  
I need to, got to

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