

# Simple Gifts

## Asian Zen: Spa Music Meditation

Its a gift to be simple, Its a gift to be free,  
Its the gift to come down where you ought to be,  
And when we find ourselves in the place just right,  
Will be in the valley of love and delight.

When true simplicity is gained,  
To bow and to bend, we will not be ashamed,  
To turn, turn, will be our delight,  
Till by turning, turning we come round right

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