Harness Pain

The Proclaimers

You need to harness pain
To raise yourself up again
You need to harness pain
And tell the truth about love
You need to break your heart
Before you can really start
You need to break your heart
And tell the truth about love
Then you need to set a goal
That you can't reach
Then you have to attack
Defenses you can't breach
Then you need to lose
And lose and lose again
If you want to hold the flame
You harness pain, you harness pain
You need to take your doubts
And spread them all about
You need to face your doubts
To tell the truth about love
You know the clich

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