

The Plague

Dies Irae

have you ever had the feeling
 how unnatural, bizarre
 and daunting is the fact
 that you live,
 that you breathe,
move, and speak and eat,
 excrete. how absurd.
 perversion, grossness
 of the warm
body, spit, blood, bile
 they all circulate
 in the soft organs.
put your hand to your chest
 what is there?
 what beats there?
 oh, gods,
 this is unbearable!
 disgust and revulsion,
 tear it all out,
 destroy it, and stop it,
 return to the earth
 let it be gone, all that
should not be, let the plague,
 the one plague named life,
carried forth as a lethal disease
 dissapear forever and after.

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