Girl Up

Victoria Justice

Looking out of a dirty window Its not much, but its all Ive known Close my eyes and I see a rainbow But I cant reach the pot of gold All the things that we take for granted All the things we dont really need Those are the things theyve always wanted Loved girl will replant the seed The more I think about it They are just like meWe all need love We all need hope We all have dreamsAnd now Im lying sleepless Just trying to figure it out If you think about it It doesnt take much To help a girl up Just a little bit of heart and soul We gotta let them know Its enough about us Yeah we can help a girl up We can help a girl up Help a girl, help a girl up Help a girl, help a girl upDont you know? If a man can move a mountain We can start an avalanche Throw a penny in the fountain One wish One helping hand The more I think about it They are just like meWe all need love We all need hope We all have dreamsAnd now Im lying and sleepless Just trying to figure it out If you think about it It doesnt take much to help a girl up Just a little bit of heart and soul We gotta let them know Its enough about us Yeah we can help a girl upAll the girls in the world stand up When one of us hurts speak up

Let your voice be heard, dont give up

Cause together we can help a girl up!All the girls in the world stand up

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Cause together we can help a girl up!And now Im lying and sleepless

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