

# Can't Fall Down

[Natasha Bedingfield](#)

I'm at the point of almost breaking now  
I've knocked on every door in this cold town, yeah  
And the higher you go, the harder you fall  
If I want to be safe then I just stay small  
Wanna grow to the sky where it's beautiful  
But I can't see that from the forest floor  
How can I hold it together  
When nothing I try makes it better  
I just wanna lay here forever  
'Cause if I don't get up then I can't fall down  
There is no manual for a broken heart  
I want to use it but it's all in parts, oh  
And the more you fall in, the harder to see  
But this time it's different though I want to believe  
And I don't know if I have it in me  
To laugh again in the face of defeat  
How can I hold it together  
When nothing I try makes it better  
I just wanna lay here forever  
'Cause if I don't get up then I can't fall down  
Yeah, yeah, yeah, yeah, oh  
And if I don't dare love  
It can't let me down  
Whoa, whoa, whoa, whoa  
Hope is irresistible  
(Whoa, whoa)  
Hope is irresistible  
(Whoa, whoa)  
'Cause if I don't get up one day I will somehow  
How can I hold it together  
When nothing I try makes it better  
I just wanna lay here forever  
'Cause if I don't dare love then I can't fall down  
Whoa, and if I don't dare love it can't let me down  
(Whoa, whoa, whoa)  
No, no, no  
(Whoa, whoa)  
If I can't get up now  
(Whoa, whoa)  
One day I will somehow

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