Pick yourself up

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No matter what you're dealing with
No matter what you're going through
Can't stay stuck there, you got to pick yourself up
God will give you the strength to do it, come onYou've gotta pick yourself up
(Come on)
You've gotta pick yourself up
(You gotta pick yourself up)You've gotta pick yourself up
If you fall down get yourself up
(If you fall down, get up)What are you dealing with?
(What)
What are you going through?
(Tell me)
Are you feeling just like you'll never make it through?Well, is it something in your past that still troubles you?
(I don't know, maybe)
Well, I've been there too and this is what I say to you
(Well, come on)See God'll forgive every time that ask Him to
(Every single time)
There ain't a thing to big for Him, now, that He can't do
(Naw nothin')He's got a lot of love to give, it's right here for you
(It's right here)
But are you gonna take it? Well, that's up to you
(Come on bring it)You, you know that you can carry on
(Now, do you know it?)
Anything that you're going through
(Anything)
Don't you know that He'll get you through
(Every single time)You've gotta pick yourself up
You've gotta pick yourself up
(You gotta pick yourself up)
You've gotta pick yourself up
(Come on)If you fall down get yourself up
(If you fall down get yourself up)
You've gotta pick yourself up
(You gotta pick yourself up)
You've gotta pick yourself up
(Come on)You've gotta pick yourself up
(Don't you stay down)
If you fall down get yourself up
(Don't you give up)Now did you mess up

Or did something your not supposed to?
And everybody they pointing a finger
Now just trying to blame you
(Well)How quick did you forget how much He really loves?
(Come on)
Do you realize right now how much He's thinking of you?
(How much?)No matter what you did
(Naw)
No matter where you been
(No matter)You can start over
You can get a second chance again
(A second chance)There's no sin just small or even just too big for Him
(Naw, no there's nothing)
Or you can pick yourself up and you can live again
(Bring it)You, you know that you can carry on
(And you can carry on, anything)
Anything that you're going through
(Anything, don't you know it?)
Don't you know that He'll get you through
(He'll get you through every single time)You've gotta pick yourself up
(You gotta pick yourself up)
You've gotta pick yourself up
(Come on)You've gotta pick yourself up
(You've gotta)
If you fall down get yourself up
(If you fall down, get yourself up)You've gotta pick yourself up
(He will give you strength)
You've gotta pick yourself up
(You can make it through, no matter)You've gotta pick yourself up
(You've gotta pick yourself up)
If you fall down get yourself up
(Take me to the place)(Come on sing it, girl)
It's gonna be alright
(Alright)
Come on now dry your eyes
(Dry your eyes)He's gonna hold you tight
(Hold you tight)
And never gonna leave your side
(Never leave you, come on)It's gonna be alright
(It's gonna be alright)
Come on now, dry your eyes
(Dry your eyes)He's gonna hold you tight
(He will always hold you tight)
And never gonna leave your side
(And never gonna leave you, bring it)You've gotta pick yourself up

You've gotta pick yourself up
You've gotta pick yourself up
(You've gotta pick yourself up)
If you fall down get yourself up
(Come on)You've gotta pick yourself up
(You've gotta)
You've gotta pick yourself up
(If you fall down, get your self up)You've gotta pick yourself up
(That'll give you strength)
If you fall down get yourself up
(You can make it through)You've gotta pick yourself up
(No matter)
You've gotta pick yourself up
(Come on)You've gotta pick yourself up
(If you fall down, get yourself up)
If you fall down get yourself up
(You've gotta pick yourself up)You've gotta pick yourself up
(Come on)
You've gotta pick yourself up
You've gotta pick yourself up

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