

# I And I

## The Abyssinians

I've got a stage and a mic  
Which I use to say things you won't like  
But I spent years thinking I was alone  
Now I know, now I know, that I'm not, that I'm not  
And I'm sharing that comfort with those  
Who think that hope is lost  
Oh, and I'm so proud of where I am  
I'm learning where to stand or to tread lightly  
So hold back  
Steadfast you've gotta breathe  
And be content, just count to ten  
Like all the experts say and hear  
The drugs don't seem to work  
And they've got a padded room for you  
To get your just deserts  
If I could choose my own name  
I'd choose something that's bold and fits  
Like anger, aggression or cunningly brash  
By the skin of my teeth but with timing and class  
Oh, woe is me  
Oh, woe were us  
But not anymore we stand up for ourselves  
We're like captains at war, we'll get followed to hell  
Oh, and I'm so proud of where I am  
  
I'm learning where to stand or to tread lightly  
So hold back  
Steadfast you've gotta breathe  
And be content, just count to ten  
Like all the experts say and hear  
The drugs don't seem to work  
And they've got a padded room for you  
To get your just deserts  
I and I, we're taking control of our lives  
I and I, we're taking control of our lives  
I and I, we're taking control of our lives  
Everything's alright  
I and I, we're taking control of our lives  
I and I, we're taking control of our lives

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Everything's alright  
So, so hold back  
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